

## CRUCIAL CONVERSATIONS TRAINING REFERENCE

## **SUMMARY**

What is a Crucial Conversation? – A discussion that we might typically delay or avoid because it has the potential for conflict, strong emotions and/or opposing points of view.

## How to effectively have a Crucial Conversation.

1) Embody Christ-like characteristics in preparation and practice:

**Humility** – Be honest with ourselves about our own weaknesses and check our motives, assumptions and biases.

**Empathy** – Taking time to put ourselves in other's shoes by sincerely attempting to understand and share their feelings.

**Optimism** – Hold and demonstrate the belief that the conversation will lead to a positive outcome.

2) Apply three essential elements:

**Suspend Judgment** – Withhold prejudgment about the other person's character or motives and avoid personalizing the issue(s) as to how they affect you.

**Describe the Gap** – Initiate the discussion by using <u>only</u> factual statements that explain the gap between what was expected versus what actually took place.

**Get Curious** – Ask questions that will <u>encourage</u> the other person to open up and feel comfortable fully sharing his/her perspectives.

## **ADDITIONAL RESOURCES**

- Act Justly We diligently seek to understand and comply with the laws, regulations and policies that govern our operations and ministry.
   Love Mercy We train and hold each other accountable with grace and kindness Walk Humbly with God We are aware of God's presence in all we do; therefore, we are ethical and diligent in our work and respectful in our relationships with others. (Employee Code of Ethics & Conduct; Micah 6:8)
- View "Taste of the Summit LIVE with Joseph Grenny" on YouTube
- Subscribe to the Crucial Skills Newsletter at https://www.vitalsmarts.com